Halvtidsseminarium

Problem Gambling Prevention in the Workplace

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Titel: Problem Gambling Prevention in the Workplace.

Tid: Onsdag 22 april 2020, kl. 9.00–11.00

Plats: Konferensrum 357, Frescati Hagväg 14, plan 3.

Ansvarig avdelning: Klinisk psykologi

Presentation/abstract:

Problem Gambling (PG) is a public health problem characterized by gambling-related behaviors that lead to negative consequences for the gambler, significant others, or the community. Although there are various treatments for PG, there are still no published studies on prevention of PG in the workplace, despite recommendations dating back more than a decade. One way to prevent PG could be coworkers and managers responding early to signs of PG.

The aim of this project was to evaluate the effects of a comprehensive PG prevention program aimed at managers in working organizations. The prevention program consisted of a skill-development training for managers for identifying and addressing possible PG or other harmful use, and development or improvement of a workplace gambling and PG policy. A cluster-randomized controlled trial was conducted, where ten workplaces were randomized into either receiving the PG prevention program or to a waitlist.

A longer abstract is available on www.psychology.su.se