Forget me (not): Motivated forgetting and its consequences

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Title
Forget me (not): Motivated forgetting and its consequences.

Time
Tisdag 20 mars 2018, kl 15.00-16.00

Place
Konferensrum 357, Frescati Hagväg 14, plan 3.

Responsible Department
Perception och psykofysik

Presentation/Abstract
An old photograph, the smell of warm berry pie, or a vaguely familiar face seen at a party all have the potential to unleash a flood of related memories. In many ways, our conscious experience is dictated by the reminders we encounter in daily life. Sometimes, however, we are motivated to exert conscious control over which memories are permitted to rise to awareness, either by actively seeking to retrieve particular instances or by suppressing inappropriate, unpleasant, or otherwise distracting ones.

Just how effective are these suppression attempts? Do they reduce the likelihood that the unwanted memories will threaten to rise to the surface in the future? And, importantly, are there unintended side effects?

In addition to presenting data that begin to address these questions, I plan to discuss some preliminary work revealing what happens when reminders of to-be-forgotten memories are presented during sleep.

Den allmänna seminarieserien äger rum på onsdagar, klockan 14-15, i rum 357, Frescati Hagväg 14, om annat ej anges. Extraseminarier kan tillkomma på andra dagar och tider, bland annat s k halvtidsseminarier.

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